

# LUNCH

## STARTERS

### Breads

Garlic	4.5
Herb	4.5
Pesto	5
Oregano, chilli flakes and olive oil	4.5
Mixed platter of breads	9
Bruschetta	7

### ✓ Potato Fries

Served with satay dipping sauce	7.5
Served with tomato sauce	6.5

### ✓ Lattetude Dips

Selection of dips served with warm pitta bread	12
--	----

### Salt 'n Pepper Calamari

Served with green salad leaves with roasted garlic aioli

<b>Entree</b>	15	<b>Main</b>	25
---------------	----	-------------	----

### Salt 'n Pepper Prawns

Served with green salad leaves with roasted garlic aioli

<b>Entree</b>	18	<b>Main</b>	28
---------------	----	-------------	----

### Garlic Prawns

In a garlic parsley, olive oil white wine sauce

<b>Entree</b>	18	<b>Main</b>	28
---------------	----	-------------	----

### Chilli Prawns

In a Napoli sauce with a touch of cream

<b>Entree</b>	18	<b>Main</b>	28
---------------	----	-------------	----

### ✓ Field Mushroom

Freshly grilled field mushroom in a spinach and ricotta cream sauce

<b>Entree</b>	16	<b>Main</b>	26
---------------	----	-------------	----

## SALADS

### ✓ Garden Salad

Mixed lettuce, tomato, cucumber, spanish onion, capsicum and olives with mustard vinaigrette 13

### Caesar Salad

Bacon, cos lettuce, shaved parmesan, croutons and caesar dressing 16  
With chicken 19

### ✓ Grilled halloumi, Asparagus and Rocket Salad

Served with baby green beans, sliced avocado, toasted macadamia nuts with mustard sherry vinaigrette 18

### Chicken, Beetroot and Pumpkin Salad

Served with fetta cheese and walnut vinaigrette 19

### Chicken and Avocado Salad

Grilled chicken tenderloins with avocado, mixed lettuce, tomato and cucumber with honey mustard vinaigrette 19

# LUNCH

## MAIN MEALS

### GOURMET BURGERS

ALL BURGERS ARE SERVED ON OPEN TOASTED TURKISH BREAD  
WITH THICK CUT POTATO CHIPS

#### Classic Angus Beef

Hand-formed beef patty with a fried egg, bacon and tasty cheese with mixed lettuce, tomato, beetroot, caramelized onion and BBQ sauce 22

#### Mediterranean Tower

Grilled scotch fillet steak, capsicum, zucchini, eggplant and mixed lettuce, topped with olive paste 24

#### Tender Steak

Grilled scotch fillet medallions, marinated in lemon gremolata with caramelized onions, beetroot, tomato, shredded carrot and mixed lettuce with hot mustard and BBQ sauce 24

#### South African Lamb

Succulent fillets of lamb, marinated in spiced apricot sauce with bacon, mixed lettuce, sour cream and tasty cheese 24

#### Santorini

Hand-formed Mediterranean lamb patty, served with mixed lettuce, beetroot, tomato, spanish onion rings and tzakiki 22

#### Great Legs 'n Thigh

Grilled boned out chicken legs dusted in cajun spice, with mixed lettuce, gerkins and roasted tomato with homemade lemon mayonnaise 20

#### Grilled Chicken

Grilled breast fillet served with bacon, pineapple, mixed lettuce, tasty cheese, tomato and homemade mayonnaise 22

#### Ⓟ Moroccan Veggie

Layers of mildly spiced grilled vegetables served with grated carrot and beetroot topped with a fried egg with cucumber yogurt 18

## HOMEMADE PIES

SERVED WITH THICK CUT POTATO CHIPS AND SALAD

#### Grand Beef

Grand beef in classic tomato sauce with peas and corn 18

#### Pie of the Day 18

## CREPES

SERVED WITH THICK CUT POTATO CHIPS AND SALAD

#### Beef 'n Reef

Strips of beef with prawns in a white wine green peppercorn cream sauce 24

#### Beef and Bean

Beef mince with red kidney beans in a spicy tomato sauce served with guacamole and sour cream 22

#### Chicken and Mushroom 20

# LUNCH

## MAIN MEALS

### PASTAS

#### **Penne Vienna**

Pan fried chicken with shallots in a garlic peppercorn cream sauce 19

#### **Penne Con Sausage**

Spicy Italian sausages, olives, onion and garlic in a chilli flake basil Napoli sauce 19

#### **Penne Ragu**

Strips of veal fillets, mushrooms, olives and chilli in a garlic parsley pink sauce 19

#### **Linguine Roma**

Spicy garlic prawns with cherry tomatoes in a white wine and olive oil sauce 22

#### **Linguine Boscaiola**

Bacon and mushrooms in a garlic white wine cream sauce 19

#### **Spaghetti Bolognese** 19

#### ④ **Spaghetti Lattetude**

Wilted baby spinach, semi sundried tomatoes, olives, spanish onion and garlic in a white wine olive oil sauce 18

### RISOTTO

#### **Jambalaya**

Prawns, chorizo sausage, chicken strips and celery in a smoked paprika tomato sauce 24

#### **Chicken and Mushroom**

Chicken, mushrooms, semi sundried tomatoes and pine nuts in a Napoli sauce with a touch of cream 22

#### ④ **Roast Pumpkin**

Roasted pumpkin and peas mixed through brie cheese in a cream sauce 19